Introducing Extra Care

Homes for Life

Extra Care aims to help people aged 18 and older to live independently for as long as they can.

Extra Care is different from a residential home or supported housing.

It is for people who want their own front door, but who need care and housing support to live in their own home. You can also live with a friend or family member. Many of the flats have 2 bedrooms.

There will be a mix of adults in this housing - young and old, with different lives and support needs.
Who will live in this housing?

Extra Care housing helps adults who need care and support to live independently in a home for life. These people may have:

- Learning disabilities
- Physical disabilities
- Dementia
- Mental health needs
- Sensory needs

These homes will help people stay independent, well and happy.

People will not need to move if their needs change, because Extra Care can change these homes easily to suit the new situation.

These homes are in communities, where people can feel safe, and have the privacy of their own flat.
Care and Support

There will be 24 hour care and housing support onsite. People can use an emergency call system, and have Telecare (machines in the home to keep people safe, like alarms and sensors). You can also have a care package from the extra care provider if you need it.

Reception will be open at these times:

- **Monday to Friday**: 9am to 8pm
- **Saturday and Sunday**: 9am to 5pm
There will be private spaces for residents. There will also be public spaces for everyone, with social activities on offer, so people will not get lonely.

There are also beautiful gardens where you can relax, and do activities like growing vegetables or playing games.

A restaurant, café, hairdresser, activity and training rooms, and lounges will help people feel part of a community. Other people can use these places as well.

There may be chances in Extra Care for you to volunteer or find work. There will be events, education and training for you to learn new skills and meet new friends.

Contact us on: 01482 300 300
**Extra Care Housing in Hull**

**Harrison Park**
Hall Road, Orchard Park, North Hull
60 flats with 2 bedrooms
5 flats with 1 bedroom
Due to open January 2017

**Cecil Gardens**
Hawthorn Avenue, West Hull
89 flats with 2 bedrooms
6 flats with 1 bedroom
Due to open Spring 2017

**Redwood Glades**
Leads Road, East Hull
60 flats with 2 bedrooms
96 flats with 1 bedroom
Due to open Summer 2017